On September 13th, the Child Development Centre celebrated 40 years with a dinner/dance gala that recognized the many contributors to its success. One hundred and fifty guests gathered to honour Dr. Richard Moody and several sponsors over the course of the evening. The event was a special evening that gathered elected officials, current and past board members, staff, volunteers, friends, families, community members, businesses and even some youth to remember the grassroots of the CDC and how we have grown into our current facility. It honoured our commitment to families and their children over the span of 40 years.

In recognition of his 38 years of contributions, Dr. Richard Moody was presented with a plaque naming the sensory room the Moody Room. Alongside his wife, children, colleagues, and the community he was honoured for his years of dedication. Thank you Dr. Moody!

Dr. Moody along with Mrs. Moody speaking a few words about his work with the CDC and his honour in accepting the Moody Room plaque/naming.

Penny Gagnon, Executive Director presents Dr. Moody with the plaque renaming the sensory room to the Moody Room.
Pictured left to right Fort St. John Mayor Lori Ackerman, Taylor Mayor Fred Jarvis, founding Board Member/City Councilor Larry Evans, and MCFD Executive Director of Services Edward Berry.

Karen Mason-Bennett and Elizabeth Kalas share their family story.

The Child Development Centre is successful due to the overwhelming contributions from the community. Many of our donors and supporters who could join us were recognized throughout the evening. The CDC is grateful and humbled by the support received past, present, and future. Thank you Fort St. John.

Child Development Centre
40th Anniversary
Dinner Dance Gala
Golf Tournament News

There were sunny skies, smiling faces and some great golf at the 7th Annual CDC Charity Golf Tournament held on June 21, 2014. The participants enjoyed a fun round of best ball as well as games of chance, a silent auction, raffles, prizes galore and a lovely dinner at the clubhouse. The lowest score this year went to the winning team of “Dude Where’s My Par”, who have attended the tournament for several years now, and were very excited to receive the coveted CDC trophy for the first time.

Our hopes in hosting this event are that everyone has a great time while we raise some money for the centre, and this year was better than ever! With the help of our amazing sponsors, volunteers, and participants, we raised $40,000 and everyone enjoyed a spectacular day. Thanks so much to everyone that made the 7th Annual Charity Golf Tournament such a success. See you next year!

Tana Millner/Tournament Coordinator

A special thank you…

The CDC would like to extend a special thank you to Smith Fuels, ABC Recycling, and Esteem Cleaning for their many years of support and contributions.

The CDC Board of Directors is seeking a parent volunteer to be a representative on the board of directors. This requires attendance at regular monthly board meetings (minimum of 10 per year). For more information please email info@cdcfsj.ca

The Santa Claus Parade is November 21st! If you would like to assist with the CDC/Macro Float please contact info@cdcfsj.ca or call 250-785-3200

Butterfly Families

“Families Supporting Families”

Open to all Caregivers of children and youth with Special Needs
(Birth Parents, Foster Parents, Blended Families, Adoptive Parents, etc)

Are you caring for someone with Special Needs?
(learning, behaviour, developmental, medical)

Would you like to connect with other caregivers?

Meeting: 3rd Wednesday of the Month
(September to June)

Time: 7-8:30 pm

Where: Child Development Centre
(10417-106th Ave)

*If you require childminding please contact the CDC @ 250-785-3200
by the 2nd Wednesday of the month*
All information shared will be confidential
Summer KAMP 2014 Highlights

Special Services Program Philosophy:
“We believe that all children and youth are entitled to a safe and welcoming environment where they are free to be themselves and develop friendships amongst their peer group. We strive to model and teach life skills while accessing and utilizing goods and services within our community and surroundings.”

Thank-you Heartbreak Acres for bringing your animals to us and letting us come visit you at your farm!
Circle of Security

The Circle of Security is a relationship based early intervention program designed to enhance attachment security between parents and children. Decades of university-based research have confirmed that secure children exhibit increased empathy, greater self-esteem, better relationships with parents and peers, enhanced school readiness, and an increased capacity to handle emotions more effectively when compared with children who are not secure. (COS)

The basis of the program teaches us that we are “Not Perfect Parents” and we all struggle on some level with a battle or fight that no one knows about. It teaches us that we’re all “hardwired” to feel secure; and that this need for secure relationships is “built in” to our most important interactions throughout every hour of every day.

All of us as parents know what it’s like to feel lost and without a clue about what our child (ren) need. Within the teachings of the Circle we are able to make sense of what our child (ren) are really asking for. Once you see it, you will be surprised to find that the “Circle of Security” is already playing a role in the life of every child you meet.

Checkout this 3 minute video about Circle of Security parenting at:
http://www.youtube.com/watch?v=F6DhnbgRAOo&feature=youtu.be

Call Susan Cross, Family Services Coordinator; Pam Lillico, Infant Development Consultant, and/or Ami-Jo Dunn, Occupational Therapist at the CDC for more information.
(250) 785 3200 or email susan.cross@cdcfsj.ca

New North Peace ECD Coordinator

On behalf of the Family Friendly Coalition, I would like to welcome Heather McBryan as the new North Peace ECD Coordinator. Heather brings a wealth of knowledge in the area of ECD and is very committed to our community, current projects, and developing new initiatives. She has strong connections to the table and has been actively involved for six years. She has had the opportunity to be part of several planning committees including the Preschool Health Fair, Family Week, and the Parenting Series. Please join me in welcoming Heather to her new role. We look forward to working with Heather!
Why Do Infant Massage?

4 Main Benefits of Massage

- **Interaction**: Massage promotes bonding, verbal/nonverbal communication, early contact with both parents.
- **Stimulation**: May increase blood circulation, digestive and immune systems. Stimulate neurological development.
- **Relief**: Relief of gas and colic, constipation and elimination, teething.
- **Relaxation**: Improved sleep patterns and self regulation.

Infant massage can be learned by anyone and classes are designed for you with your baby from birth to 12 months of age. Our hands on method insures that you will learn the art of interactive massage to suit your baby’s individual schedule, needs and development level.

Certified Infant Massage Instructors are specially trained individuals who have the vision that one day, every parent, child and infant will have an opportunity to experience the lifelong benefits that come from early relationships that are loving, healthy, and secure.

Our next series of classes begins:
- October 6—November 3, 2014
- From 10 am—11 am
- Cost is $20.
- Please call to register: 250-785-3200

Certified Infant Massage Instructors (CIMI) teach classes in a series of sessions. Classes usually meet weekly for five weeks.

Children First, Success by 6, and the FSJ Early Years Community Partners want you to know...

You are your child’s first teacher. You can help your child grow strong roots for learning both in and out of school.

It’s as easy as singing nursery rhymes and songs with your child. Try singing while driving in the car, making supper, or when cuddling. Singing rhymes helps your child learn patterns in language and builds vocabulary. It also helps with predicting, an important skill when reading.

**Tip – Singing**

- sing while you drive, cook, clean, or cuddle
- sing action songs or nursery rhymes
- have your child predict the last word
- make your own music
- listen to different kinds of music

You can help your child succeed!

Want to know more about us or see our calendar of events? Visit our WEBSITE at: www.cdcfsj.ca